

CAMPBELLTOWN AUSSI MASTERS SWIMMING CLUB INC
SWIM PROGRAM FOR 2025

Week	Date	Swim	Week	Date	Swim
1	5 th Jan	Any 2 -200 Choice, 400BK, 800Free	14	8 th - 12 th April	MASTERS SWIMMING NATIONALS- MELBOURNE
2	12 th Jan	Any 2- 200 choice, 800 Br, 400m Free HCP	15	13 th April	Any 2-200 choice, 400BRS, 800Free
3	19 th Jan	200WU 100FLY, 100 Free, 50Bk, 50 BRS HCP	16	20 th April	EASTER SUNDAY- Later Start ENDURANCE SWIMS
4	26 th Jan	Endurance Swims	17	27 th April	800 FLY, 400 FREE - HCP
	1 st Feb	CAMPBELTOWN BPS MEET	18	4 th May	400WU, 100BK, 50BRS, 50 Free, 25BK, 25FLY HCP
5	2 nd Feb	Endurance Swims		10 th May	MASTER'S AGM MEETING
6	9 th Feb	400WU, 100BRS, 50 Free, 50 Fly, 50BACK HCP	19	11 th May	MOTHER'S DAY Any 2 – 200 choice, 400FLY, 800 BRS
	15 th Feb	MYALL BPS MEET		17 th May	ETTALONG BPS MEET
7	16 th Feb	Any 2 - 200 Choice, 400BK, 800 FLY	20	18 th May	Endurance Swims
8	23 rd Feb	OUR AGM at the pool 200 WU, 100BK, 50BK, 50 Free, 50 BRS HCP	21	25 th May	Any 2- 200 Choice, 400BK, 800IM HCP
	1 st March	BLACKTOWN BPS MEET	22	1 st June	400 WU, 100IM, 50FLY, 50BK, 25BRS, 25FREE HCP- Shoot Out
9	2 nd March	Endurance Swims	23	8 th June	Endurance Swim – <i>may have to swim Saturday due to Amateur</i>
10	9 th March	200WU, 200BK, 100Free, 50 BRS, 50 Free, HCP Shoot Out	24	15 th June	Any 2- 200 Choice, 400IM, 800BRS
	15 th March	CESSNOCK BPS MEET		15 th June	SEASIDE PIRATES BPS MEET
11	16 th March	Endurance Swims	25	22 nd June	Any 2 - 200 Choice, 400BRS, 800FREE
12	23 rd March	800BK, 400IM HCP		28 th June	WETT ONES BPS MEET
	23 rd Mar	CESSNOCK BPS MEET	26	29 th June	Endurance Swims
	29 th & 30 th March	Branch LC Championships State Presentation Dinner	27	6 th July	400WU, 100 Free, 100IM, 50FLY, 25 FREE, 25FFLY HCP
13	30 th March	Endurance Swims			
14	6 th April	800 FLY, 400 BRS			

28	13 th July	BRANCH RELAY MEET or Endurance Swim at Club		11 th -12 th October	MASTER NSW SHORT COURSE CHAMPIONSHIPS-
29	20 th July	Endurance Swims	41	12 th Oct	Endurance Swims
	26 th July	RYDE BPS MEET		18 th -25 th Oct	AUSTRALIAN MASTER GAMES- CANBERRA
30	27 th July	Any 2- 200 Choice, 400IM, 800BRS	42	19 th Oct.	200WU, 200FLY, 100BRS, 50 FREE, 50BRS HCP Shoot Out
31	3 rd August	800BK, 400 FLY HCP	43	26 th Oct.	Endurance Swims
	7 th – 14 th August	MASTERS WORLD CHAMPIONSHIPS - SINGAPORE	44	2 nd Nov	MANLY BPS MEET Choice 200 Choice, 400BK, 800IM
32	10 th August	Endurance Swims	45	9 th Nov	400WU, 100 FLY, 50BK, 50FLY, 50 Free, HCP- Shoot
33	17 th August	Any 2- 200 Choice, 400 Free, 800IM		15 th Nov	PORT MACQUARIE BPS MEET
34	24 th August	200WU, 100BK, 100BRS, 50BK, 25FLY, 25 BRS	46	16 th Nov	Any 2- 200 Choice, 400 choice HCP
35	31 st August	BRANCH LD CHAMPIONSHIPS Choice of 200/400/800	47	23 rd Nov	Any 2- 200 choice, 400IM,800BRS
36	7 th Sept	FATHER'S DAY Endurance Swims	48	30 th Nov	Endurance Swims
37	14 th Sept	200WU, 100Free, 100IM, 50BRS, 50FLY, 25BK, 25BRS HCP		6 th Dec	NOVOCASTRIAN BPS MEET
	14 th Sept	WARRINGAH BS MEET	49	7 th Dec	Endurance Swims
	20 th Sept	LEICHARDT BPS MEET	50	14 th Dec	200WU, 200Free, 100BRS, 100BK, 50 Free HCP- Shoot Out
	20 th Sept	MASTERS 50 TH CELEBRATION FUNCTION	51	21 st Dec	<i>Master's points available for endurance swims for the remaining two weeks of the year.</i>
38	21 st Sept	Choice of 2: 200, 400 or 800	52	28 th Dec	<i>No club points available</i>
39	27 TH Sept	200IM, 800FREE HCP			
40	5 th October	800IM, 400BK HCP			

Note: If members present on a sprint scheduled day is less than 10, it will revert to a 2/4/8 day. This is at the discretion of the club President, Vice President and club captains. The option may be available for a longer warm up swim.

KEY:

Masters BPS Meets in **Yellow**

Master Swimming (Nationals or World) Events in Orange

Key Dates in **Green.**

Other acronyms:

WU = Warm up

Hcp = Handicapped swims

Any 2 = choose any 2 swims from the list of swims

Shoot Out = Shoot Out days where top people in the club point score compete against each other in all races

Ch = Choice, you pick the stroke to swim

Swap = swap these swims for one longer distance swim