

CAMPBELLTOWN COLLEGIANS AUSSI MASTERS SWIMMING CLUB INC  
SWIM PROGRAM FOR 2021

12/12/20

Week	Date	Swim	Week	Date	Swim
1	3 <sup>rd</sup> Jan	Any 2 200Ch 400Bk 800Fr or Swap		10-11 <sup>th</sup> April	<i>Branch Long course SOPAC</i>
2	10 <sup>th</sup> Jan	800Br 400Fr Hcp	15	11 <sup>th</sup> April	Any 2 200Ch 400Br 800Bk or Swap
3	17 <sup>th</sup> Jan	200 WU 100 Fly 100Fr 50Bk 50Br Hcp		17-18 <sup>th</sup> April	<i>Branch Long course SOPAC</i>
	23 <sup>rd</sup> Jan	<b>Campbelltown BPS LC</b>			
4	24 <sup>th</sup> Jan	Long Distance	16	18 <sup>th</sup> Apr	800Fly 400IM/Ch Hcp
5	31 <sup>st</sup> Jan	200Br 800IM/Ch Hcp	17	25 <sup>th</sup> Apr	400 WU 100IM 50Bk 50Fly 25Fr 25Br Hcp
6	7 <sup>th</sup> Feb	400 WU 100Br 50Fr 50Fly 50Bk Hcp	18	2 <sup>nd</sup> May	Long distance
	13 <sup>th</sup> Feb	<b>Myall BPS SC Tea Gardens</b>	19	9 <sup>th</sup> May <i>Mothers Day</i>	Any 2 200Ch 400Fly/Ch 800Br Swap
7	14 <sup>th</sup> Feb	Any 2 200Ch 400Bk 800Fly/Ch Or Swap		15 <sup>th</sup> May	<b>MSNSW Annual General Meeting</b>
8	21 <sup>st</sup> Feb	800Bk 400IM/Ch Hcp			
9	28 <sup>th</sup> Feb	200 WU 100Bk 50Bk 50Fr 50Br Hcp	20	16 <sup>th</sup> May	400 WU 100Bk 50Br 50Fr 25Bk 25Fly Hcp
	6 <sup>th</sup> Mar	<b>Cessnock BPS LC Cessnock</b>		22 <sup>nd</sup> May	<b>Ettalong BPS SC</b>
10	7 <sup>th</sup> Mar	Long distance	21	23 <sup>rd</sup> May	Any 2 200Ch 400Fr 800Fly/Ch Swap
11	14 <sup>th</sup> Mar	200 WU 200Bk 100Fr 50Fly 50Fr Hcp Shoot Out	22	30 <sup>th</sup> May	800Fr 400IM/Ch Hcp
	20 <sup>th</sup> Mar	<b>Blacktown BPSLC Blacktown</b>		6 <sup>th</sup> to 7 <sup>th</sup> June	<b>Clarence River BPS SC</b>
12	21 <sup>st</sup> Mar	Any 2 200Ch 400Br 800Fr Swap	23	6 <sup>th</sup> June	400 WU 100IM 50Fly 50Bk 25Br 25Bk Hcp Shoot Out
13	28 <sup>th</sup> Mar	400 WU 100Bk 100Fly 50Br 25Fly 25Fr Hcp (50 & 25's interchangeable)	24	13 <sup>th</sup> June <i>Long weekend</i>	Any 2 200Ch 400Bk 800IM/Ch Or Swap
	2-5 April	<i>Easter</i>	25	20 <sup>th</sup> June	Long Distance
14	4 <sup>th</sup> April <i>Easter</i>	Long Distance	26	27 <sup>th</sup> June	200Fr 800Bk Hcp

27	4 <sup>th</sup> July	400 WU 100Fr 100IM 50Bk 25Fly 25Fr Hcp	40	3 <sup>rd</sup> Oct Long Weekend	Any 2 200Ch 400 Fly/Ch 800 Fr Or Swap
28	11 <sup>th</sup> July	Any 2 200Ch 400Br 800IM/Ch Or Swap	41	10 <sup>th</sup> Oct	200 WU 200Fly 100Br 50Fr 50Br Hcp (50 & 25's interchangeable) Shoot Out
	July	Branch relay meet SC SOPAC		16 <sup>th</sup> to 17 <sup>th</sup> Oct	Branch short Course Championship AIS Canberra
29	18 <sup>th</sup> July	800Fly/Ch 400Fr Hcp	42	17 <sup>th</sup> Oct	800IM/Ch 400Br Hcp
30	25 <sup>th</sup> July	400 WU 100Fly 50Fr 50Br 25Fr 25Bk Hcp	43	24 <sup>th</sup> Oct	Long distance
31	1 <sup>st</sup> Aug	Any 2 200Ch 400IM/Ch 800Br Or Swap	44	31 <sup>st</sup> Oct	200Bk 800Fr Hcp
32	8 <sup>th</sup> Aug	Long Distance		6 <sup>th</sup> Nov	Port Macquarie BPS LC
33	15 <sup>th</sup> Aug	800Bk 400Fly/Ch Hcp	45	7 <sup>th</sup> Nov	400 WU 100Fly 50Bk 50Fly 50Fr Hcp Shoot Out
34	22 <sup>nd</sup> Aug	200 WU 100Br 50Bk 50Fly 25Br 25Fly Hcp		13 <sup>th</sup> Nov	Novocastrians LC
	28 <sup>th</sup> Aug	Ryde BPS	46	14 <sup>th</sup> Nov	Long Distance
35	29 <sup>th</sup> Aug	Long Distance	47	21 <sup>st</sup> Nov	Any 2 200Ch 400Bk 800Br Or Swap
36	5 <sup>th</sup> Sep Father's Day	Any 2 200Ch 400Fr 800Fly/Ch Or Swap			
	Sept	Branch Long distance championships SC	48	28 <sup>th</sup> Nov	200 WU 200Fr 100Br 100Bk 50Fr Hcp Shoot Out
	Sept	Seaside Pirates BPS SC	49	5 <sup>th</sup> Dec	Long Distance
37	12 <sup>th</sup> Sep	200IM/Ch 800Br	50	12 <sup>th</sup> Dec	Any 2 200Ch 400Fr 800Bk Or Swap
38	19 <sup>th</sup> Sep	200 WU 100Fr 100Im 50BR 50Fly 25Bk 25Br Hcp Shoot Out	51	19 <sup>th</sup> Dec	200 WU 200IM 100Fr 50Bk 50Fly Hcp Shoot Out
39	26 <sup>th</sup> Sept	Long Distance	52	26 <sup>th</sup> Dec Late start at pool	Any 2 200Ch 400IM/Ch 800IM/Ch Or Swap
	1-4 <sup>th</sup> Oct	Thredbo Camp			

Important dates in **GREEN**

**Yellow** indicates Carnivals

**WU** = Warm up

**Hcp** = Handicapped swimmers

**Any 2** = choose any 2 swims from the list of swims

**Shoot Out** = Shoot Out days where top people in the club point score compete against each other in all races

This colour indicates branch or national events

**Ch** = Choice, you pick the stroke to swim

**Swap** = swap these swims for one longer distance swim